



HIKING CLUB STELLENBOSCH

PROGRAMME: AUGUST – DECEMBER 2026

Date	Route	Grading	Contact person
25 July	Rhodes Memorial to Kirstenbosch (may change)	11 km 2A Green	Christelle Bester 072 824 7002
1 August	Swartkop to Smitswinkel Bay, Simon's Town	14 km 3C Orange/Red	Adriaan du Pisani 072 822 7523
8 August	Stellenbosch Mountain Path	6 km 1A Green	Mariella de Lange 072 170 2888
15 August	Missing Link	12 km 2A Green	Louise Dudley 083 635 1510
22 August	ARC Franschhoek, Berg River Dam, Scherpenheuvel	14 km 2B Orange	Linda du Toit 072 1070 213
29 August	Grotto Bay Private Nature Reserve	13 km 2A Green	Cynthia Slattery 072 246 1902
5 September	Information will be announced later		
12 September	Tweede Waterval, Jonkershoek	12 km 2A/B Orange	Willie van Wyk 072 283 6856
19 September	Highlands route, Kleinmond	14 km 2B Orange	Linda du Toit 072 1070 213
26 September	Judas Peak, Table Mountain	10 km 3C Red	Hein Gericke 082 777 0881
3 October	Die Plaat, De Kelders to Hermanus	16 km 2B Orange	Linda du Toit 072 1070 213
10 October	Olifantsbos to Sirkelwei, Cape Point	12 km 2A	Adriaan du Pisani 072 822 7523
16 to 18 October	Weekend outing at Houdenberg Farm, Ceres area	3B	Helmien Jonker 0828553178
17 October	Oude Bos Route, Kogelberg Reserve	10 km 2B Orange	Maryna Loubser 084 548 2864
24 October	Perdekop, Mont Rochelle - Franschhoek	15 km 2B Orange	Hanlie Caine 0825295440
31 October	Muizenberg Peak	12 km 2B Orange	Hein Gericke 082 777 0881
7 November	Kasteelpoort, Diving Board and Cable Car	16 km 3B Orange	Johanita Kotze 082 658 4082
14 November	Year-end function		
21 November	Stellenbosch Mountain: From Assegaaibos to Paradyskloof	14 km 3B/C Orange/Red	Johanita Kotze 0826584082
28 November	Gordon's Bay, Steenbras Reserve	10 km 2B Orange	Fay Pistorius 078 370 2269
5 December	Vogelgat - Maanskynbaai	15 km 2B Orange	Loumarie van Wyk 084 622 2804
12 December	Pringle Bay and swim	10 km 2B	Mariella de Lange 072 170 2888

Weekend and longer hikes:

Weekend hike 16 to 18 October: Weekend trip at Houdenbek Farm, Ceres area

Contact helmienjonker@hotmail.com, 0828553178 before 15 August 2026 to enquire about cancellations. There is space for only 10 people.

The group is currently fully booked. If more hikers are interested, they are welcome to join, but they will need to organise their own accommodation at the Houdenbek campsite or a neighbouring farm. Boplaas 0761412720 Kyla. Ribbokskloof 0795237010 Welma.

Driving distance	Stellenbosch to Houdenbek Farm 178 km x 2	Suggested contribution towards fuel costs	R890
Hiking distance	Day hike to Heiveld Arch and back 7 km	Fee	Accommodation: R860 per night for 2 people in two cottages, each accommodating a maximum of 10 people.
Grading		Hike leader	
Meeting time		Departure time	Arrangements will be made among participants.

An uneven footpath that goes steeply uphill to the large and impressive Heiveld Arch. Good hiking fitness essential. No exposure to cliffs. Typical Cederberg vegetation and rock formations. Beautiful views. Cycling routes are also available.

Baviaanskloof Canyon, 11 to 17 December 2026

Make sure you are ready for the adventure, heights, pools, mountains and valleys! Fully booked

Day hikes

Saturday 25 July Rhodes Memorial – Kirstenbosch (may change; contact Christelle closer to the time)

Book with Christelle Bester on 082 6584082 by 25 July

Driving distance	45 km x 2	Suggested contribution towards fuel costs	R200.00
Hiking distance	11 km	Entrance fee	
Grading	2A Green	Hike leader	Christelle Bester
Meeting time	8h00 at Rhodes Memorial	Departure time	From Stellenbosch 07h15

We start hiking at Rhodes Memorial and walk until we reach the contour path. We then follow the contour path to Kirstenbosch.

Saturday 1 August Swartkop - Smitswinkel Bay

Book with Adriaan du Pisani on 072 822 7523 by 31 July

Driving distance	80 km x 2	Suggested contribution towards fuel costs	R240.00
Hiking distance	14 km	Entrance fee	None
Grading	3C Orange/Red	Hike leader	Adriaan du Pisani
Meeting time	9h00 Simon's Town	Departure time	From Stellenbosch 6h30

This route offers lovely views over False Bay. From Simon's Town we climb up the slope of Swartkop to the summit ridge (678 m). On the way up we first take a quick look at an old blockhouse, take a few photos, eat and rest. From Swartkop we move along the mountain ridge in the direction of Smitswinkel Bay. Far below us we can see many

picturesque little bays. When we reach Smitswinkel Bay, we begin a steep descent down the slope and reach the cars that we will have parked beforehand at the Cape Point Nature Reserve gate.

Saturday 8 August Stellenbosch Mountain Path

Book with Mariella de Lange on 072 170 2888 by 7 August

Driving distance	None	Suggested contribution towards fuel costs	None
Hiking distance	6 km	Entrance fee	None
Grading	2A Green	Hike leader	Mariella de Lange
Meeting time		Departure time	08h00 Coetzenburg

We walk from Coetzenburg Stadium along the Eerste River, past Koloniesland, to the suspension bridge. After crossing the Eerste River, we climb the mountain along the jeep track to the ghost house. From here we have a magical view of Botmaskop, the Twin Peaks, the Jonkershoek mountains and the Lanzerac Estate in the valley, Simonsberg with the suburbs at its foot, the university campus and the town centre. On a cloudless day we will be able to see Table Mountain in the distance. From there we follow the mountain path, past the dam, back to Coetzenburg.

Saturday 15 August 2026: Missing Link, Camps Bay

Book with Louise Dudley on 083 635 1510 by 12:00 on Friday 14 August

Driving distance	60 km x 2	Suggested contribution towards fuel costs	R180.00
Hiking distance	12 km	Entrance fee	None
Grading	2A	Hike leader	Louise Dudley
Meeting time	06:45	Departure time	07:00

The Twelve Apostles "Missing Link Loop" is a 12 km circular route that starts and ends in Theresa Avenue, Camps Bay. The contour path offers lovely views of the Twelve Apostles, Lion's Head and the Atlantic Ocean and is fairly level, but it ends with a stiff climb back to the vehicles (total elevation gain of 365 m). There is very little shade.

Saturday 22 August ARC Franschhoek; Berg River Dam

Book with Linda du Toit on 072 1070 213 by 21 August

Driving distance	35 km x 2	Suggested contribution towards fuel costs	R100.00
Hiking distance	14 km	Entrance fee	R60.00
Grading	2B Orange	Hike leader	Linda du Toit
Meeting time	7:00	Departure time	7:15

We meet at 08:00 at the access gate at the back of the Berg River Dam. Follow Robertsvlei Road from the R45. Scherpenheuvel is one of the smaller peaks in the Franschhoek Valley, starting at the Berg River Dam control gate (Robertsvlei), and separating Assegaaiboschkloof and the Berg River Dam. It offers incredible views, as we will be walking a 360° circular route. We start on an old forestry road, gradually climbing the mountain, and then follow a hiking path.

Saturday 29 August 2026. Grotto Bay hike. Grotto Bay Private Nature Reserve, West Coast.

Book with Cynthia Slattery by Friday 28 August, 13:00 on 072 246 1902

Driving distance	90 km x 2	Suggested contribution towards fuel costs	R270.00
Hiking distance	± 13 km	Entrance fee	None
Grading	2A Green	Hike leader	Cynthia Slattery
Meeting time	07:00	Departure time	07:15

The hike starts at Grotto Bay on the West Coast. We park our cars at the public beach parking area near the private Grotto Bay Nature Reserve. We walk a short distance along the road and sign in at security. From the security post, we walk along the firebreak, past the conservation centre towards the dunes on the northern side. We cross the dunes to the beach and from there walk back along the beach to our cars. The path is sandy and there is no shade. Bring plenty of water, as there is no water on the route. The trail leads us through beautiful fynbos and flowers along a diverse coastline. During spring, the strandveld becomes a colourful kaleidoscope of flowers.

5 September: Information will be announced later.

Saturday 12 September Tweede Waterval, Jonkershoek

Book with Willie van Wyk on 072 283 6856 by 6 March

Driving distance	None		
Hiking distance	12 km	Entrance fee	R60.00. Wildcard holders free
Grading	2B Orange	Hike leader	Willie van Wyk
Meeting time	07:00 in Jonkershoek		

We meet at 07:00 at the Jonkershoek entrance gate. After permits have been obtained, we drive in and park at Witbrug. We then follow the path past Eerste Waterval to Tweede Waterval, from where we continue along the path and turn left at the Kurktrekker sign. We then walk to the wooden platform, which offers a lovely view over the entire valley. After a tea break, we return via the same route.

Saturday 26 September Judas Peak, Table Mountain

Book with Hein Gericke on 082 777 0881 by 25 September

Driving distance	64 km x 2	Suggested contribution towards fuel costs	R130.00
Hiking distance	10 km	Entrance fee	None
Grading	3C Red 6-hour hike (645 m climb)	Hike leader	Hein Gericke
Meeting time		Departure time	From Stellenbosch 6h30

Judas Peak is the last of the Twelve Apostles peaks on the Back Table of Table Mountain. We park at Ruyteplaats, next to the well-known Suikerbossie. The steep route follows Hout Bay Corner and Llandudno Ravine to the top,

where it levels out slightly towards Judas Peak. We return along the same route. For almost the entire route we are greeted with breathtaking views over Hout Bay, Llandudno and, on a clear day, even Cape Point. There are two sections where ropes and staples have been installed to help with climbing and scrambling, like Lion's Head. The route is clearly marked. A good level of fitness and no fear of heights are required.

Saturday 3 October Die Plaat; De Kelders to Hermanus

Book with Linda du Toit on 072 107 0213 by 2 October

Driving distance	136 km x 2	Suggested contribution towards fuel costs	R400.00
Hiking distance	15 km	Entrance fee	R60 or Wild Card
Grading	2B Green/Orange	Hike leader	Linda du Toit
Meeting time	6:30	Departure time	6:45

We start walking from the parking area of the Walker Bay Reserve at De Kelders. We walk all the way along the sea and will pass Galjoenbank, Voorsteklip and Sopiesklip, among other places. We look out for seals, African black oystercatchers and hopefully whales. If the wind is strong, we may possibly walk in the opposite direction, starting at the Klein River near Hermanus. Sunscreen is essential.

Saturday 10 October Sirkelvlei – Olifantsbos, Cape Point

Book with Adriaan du Pisani on 072 822 7523 by 9 October

Driving distance	80 km x 2	Suggested contribution towards fuel costs	R240.00
Hiking distance	11 km	Entrance fee	Cape Point Reserve R110 with SA ID
Grading	2A Green	Hike leader	Adriaan du Pisani
Meeting time	8h30 Cape Point	Departure time	From Stellenbosch 6h30

A lovely route with coastal and fynbos sections. We start walking at Olifantsbos Bay inside the Cape Point Reserve. We walk along the beach past two points, after which we gradually climb to the escarpment and do a circular walk to Sirkelvlei and back to the coast. It is easy terrain with no challenges and plenty of time for photos and wonder at all the interesting experiences along the way.

Saturday 17 October Oude Bos Route, Kogelberg Reserve

Book with Maryna Loubser on 084 548 2864 by 2 October

Driving distance	45 km x 2	Suggested contribution towards fuel costs	R200.00
Hiking distance	10 km	Entrance fee	R70 for permit, Wild Card free
Grading	2B Orange	Hike leader	Maryna Loubser
Meeting time	8h00 Kogelberg Reserve office	Departure time	07h00 Coetzenburg

We meet at 08h00 at the Kogelberg Reserve office and sort out permits. We walk through Oudebos Forest to the waterfall at the top of Luiperdskloof and then return along the same route. We may perhaps turn into Piet se Bos on the way back. There are a few stiff climbs and the terrain goes up and down, requiring a reasonable level of fitness. More details about parking, etc. will be sent by WhatsApp. Everyone books their own permits!

Saturday, 24 October, Perdekop - Mont Rochelle**Book with Hanlie Caine on 0825295440 by 23 October**

Driving distance	45 km x 2	Suggested contribution towards fuel costs	R140.00
Hiking distance	15 km	Entrance fee	R70.00 for permit; no Wild Card affiliation
Grading	2.5B Orange	Hike leader	Hanlie Caine
Meeting time	6:45	Departure time	7:00

We meet at 08:00 at the entrance gate of Mont Rochelle Reserve. We walk past Breakfast Rock to Uitkyk. About 2.7 km from the entrance gate, the Perdekop route branches off to the right, east of the Uitkyk route (elevation 1,108 m). The footpath continues in a generally easterly direction and climbs (+/- 180 m) in the first kilometer. For the next 2 km, the footpath swings in a north-easterly direction, then north and north-east. Along this section, beautiful panoramic views over the Wemmershoek Valley and surrounding cliffs can be seen. To the west, Table Mountain is visible on a clear day. The footpath then turns east, crosses a small stream and passes the turn-off to the return route (elevation 1,488 m). Perdekop Peak (elevation 1,575 m) is about 4.3 km from the Uitkyk turn-off. It is marked by a large cairn (elevation 1,575 m). From Perdekop Peak the footpath descends gradually in a southerly, south-westerly direction. The last section includes a very steep descent into the Du Toits River gorge, and a steep climb back out. From there it is a short distance back to the gate.

Saturday 31 October Muizenberg Peak**Book with Hein Gericke on 082 777 0881 by 30 October**

Driving distance	2 x 70 km	Suggested contribution towards fuel costs	R150
Hiking distance	12 km	Entrance fee	None
Grading	2B Orange (5 hours and 500 m climb)	Hike leader	Hein Gericke
Meeting time		Departure time	06h30

We park and meet at Silvermine Nature Reserve gate 2. The gate opens at 08:00. The route is initially level until we ascend Higher Steenberg Peak. Here we are greeted by beautiful views over the southern suburbs, the Back Table of Table Mountain and the Cape Flats. The clear path winds through a dream landscape of delightful rock formations surrounded by beautiful fynbos. After this we descend to a grassy plain before climbing Muizenberg Peak. Here we look down on Muizenberg and follow the coastline as far as Hangklip, on the other side of False Bay, as well as Simon's Town to the south. We return by a circular route past more interesting rock formations, whose dreamlike images and illusions set the imagination flying, back to our vehicles.

Saturday 7 November – Kasteelpoort, Diving Board and Cable Car**Book with Johanita Kotze on 082 658 4082 by 6 November 2026**

Buy your cable car ticket online in advance if you do not have a Wild Card, for a discount			
Driving distance	65 km x 2	Suggested contribution towards fuel costs	R200.00
Hiking distance	16 km	Entrance fee	Cable car ticket R295 (60+ get a substantial discount, R100)
Grading	3B Orange	Hike leader	Johanita Kotze
Meeting time	7.15 at Kloofnek parking area	Departure time	6.30 from Stellenbosch
This is one of Table Mountain's routes with the best views over Camps Bay, Lion's Head and the Twelve Apostles. Table Mountain — one of the oldest mountains on earth — is 600 million years old. We hike from Teresa Avenue, Camps Bay. We join the Pipe Track, and from there continue up via the Kasteelspoort route. Clambering over rocks in places requires stamina and good fitness. The footpath becomes quite steep. From there we hike to the well-known "Diving Board" (900 m elevation), where people like to take photos of the overhanging rock. We then walk to the Upper Cableway Station (1,076 m elevation), where refreshments can be bought, and spend some time taking in the views from there. There are ladders, but little exposure. NB: Bring your ID to pay the standard price or receive a discount on a single ticket to descend by cable car. If the wind is too strong, the cable car will not operate, and this hike will be cancelled. Weather can be changeable on Table Mountain, so pack warm clothes. Bring enough drinking water.			

Saturday 21 November – Stellenbosch Mountain: From Assegaaibos to Paradyskloof			
Book with Johanita Kotze on 082 658 4082 by 20 November 2026			
Driving distance	10 km	Suggested contribution towards fuel costs	R20.00
Hiking distance	7 km	Entrance fee	R60.00. Wild Card free
Grading	3B Orange	Hike leader	Johanita Kotze
Meeting time	7:00 at Edenbos.		
We meet at 07:00 at the entrance to Edenbos in Paradyskloof. We then leave with some of the vehicles for Assegaaibos Nature Reserve. Here we obtain permits. We start walking from the picnic area where we park the cars. We walk through the fynbos to the top of the neck and up to the highest peak of Stellenbosch Mountain, from where we enjoy the views. We descend through beautiful fynbos to Paradyskloof, where the cars are parked. This is a tough hike, and hikers must be mountain-fit — it takes approximately 8 hours. There are long, steep ascents and descents, with sections over uneven terrain. A hiking pole can help.			

Saturday 28 November 2026 Gordon's Bay – Steenbras Reserve			
Book with Fay Pistorius on 078 370 2269 by Friday 27 November			
Driving distance	24 km x 2	Suggested contribution towards fuel costs	R50.00
Hiking distance	10 Km	Entrance fee	None
Grading	2B Orange	Hike leader	Fay Pistorius
Meeting time	8:00 Bikini Beach parking area	Departure time	7:00
We walk the contour path just below the GB painted on the mountain slope above Gordon's Bay, part of the Steenbras Reserve. November is a good time for swimming, and we plan our hike to stop near a good swimming spot, so we hike in our swimsuits and swim wherever we want! We can park at the Bikini Beach parking area just			

before 08:00 to make sure we get parking. We do the mountain section first from west to east, swim, after which we swap our hiking shoes for flip-flops and then walk up to the Krystal Hotel and back along the beach between the two docks, one at the yacht club and the other at Harbour Island.

Saturday 5 December – Vogelgat Maanskynkop

Book with Loumarie van Wyk by 4 December on 084 622 2804

The hike is limited to 9 hikers. Please note the earlier meeting time.

Driving distance	100 km x 2	Suggested contribution towards fuel costs	R300.00
Hiking distance	15 km	Entrance fee	R100.00 contribution to the annual permit
Grading	3C Orange	Hike leader	Loumarie van Wyk
Meeting time	07h00 Vogelgat	Departure time	Leave Stellenbosch at 05h30

The starting point is at the office of Vogelgat's nature officer at 07h00. The first section of the climb forms part of the Vogelgat Reserve, while the last section crosses CapeNature land. Maanskynkop, at 960 metres, is the second-highest peak in the Hermanus area. It is a fairly steep climb and takes about 6 hours there and back — for the fitter hikers. The views are very special.

Saturday 12 December Pringle Bay and swim

Book with Mariela on 072 170 2888 by 11 December

Driving distance	65 km	Suggested contribution towards fuel costs	R150
Hiking distance	10 km	Entrance fee	None
Grading	2B	Hike leader	Mariela
Meeting time		Departure time	7h00

To be confirmed later. The route still needs to be explored. The plan is to go hiking and then swim at Maanskynbaai.