



STELLENBOSCH HIKING CLUB

GENERAL INFORMATION and PROGRAMME: First semester 2020

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[B] Programme: first semester 2020 (pp. 6-12)

<i>Date</i>	<i>Type</i>	<i>Description</i>
Jan 11 (Saturday)	Day hike	Second Waterfall , Jonkershoek Nature Reserve (Stellenbosch)
Jan 18 (Saturday)	Day hike	De Kelders to Grotto (Hermanus)
Jan 25 (Saturday)	Day hike	Myburghs Ravine, Table Mountain (Cape Town)
Feb 2 (Sunday)	Day hike	Steenbras River and Crystal Pools (Gordons Bay/Rooi-Els)
Feb 8 (Saturday)	Day hike	Disa hike, Table Mountain (Cape Town)
Feb 15 (Saturday)	Weekend	BTK-hut (Hermanus)
Feb 22 (Saturday)	Day hike	Rock Hopper, Bainskloof (Wellington)
Feb 29 (Saturday)		General Annual Meeting
Mar 7 (Saturday)	Day hike	Kogelberg, Palmiet (Kleinmond)
Mar 14 (Saturday)	Day hike	Behind Berg River dam (Franschhoek)
Mar 21 (Saturday)	Weekend	Koningskop (Citrusdal)
Mar 28 (Saturday)	Day hike	Boschendal (Franschhoek)
Apr 4 (Saturday)	Day hike	Rooiheuvel North (Bot River)
Apr 10-13 (Easter)	Weekend	Zoo Ridge (Southern Cederberg)
Apr 18 (Saturday)	Day hike	Grabouw Country Club (Grabouw)
Apr 23-30	Long hike	Strandloper hiking trail (Eastern Cape)
May 1-3		No club hike – off weekend
May 9 (Saturday)	Day hike	Klein Drakensteinkop (Paarl)
May 16 (Saturday)	Day hike	Assegaibosch Nature Reserve (Stellenbosch)
May 23 (Saturday)	Day hike	Skeleton Gorge, Table Mountain (Cape Town)
May 30 (Saturday)	Day hike	Myrtle Grove Estate, Sir Lowry's Pass (Somerset-West)
Jun 6 (Saturday)	Day hike	Victoria Peak, Jonkershoek Nature Reserve (Stellenbosch)
Jun 13-16	Long hike	Phillipskop (Stanford)
Jun 20 (Saturday)	Day hike	Paardekop (Franschhoek)
Jun 27 (Saturday)	Day hike	Italian Cross, Miaspoort, Du Toitskloof (Paarl)

[A] GENERAL INFORMATION

1. General club information

1.1. Digital platforms

Website: www.stb-voetslaan.co.za
Facebook: www.facebook.com/stellenboschvoetslaanklub

1.2. Affiliation

The club is a member of the Hiking Organisation of Southern Africa (HOSA). For more information visit their website at hosavosa.co.za.



1.3. Management Committee 2019/2020

Portfolio	Name	Phone (H)	Phone (cel)	E-mail
Chair	Kosie Smit	087 897 0749	073 537 8809	jhs@sun.ac.za
Vise-chair & hiking programme convener	Pieter Janse van Rensburg		083 445 2773	pjjvr@sun.ac.za
Secretary	Annalene Sadie		083 388 8266	annasadie101@gmail.com
Treasurer	Klaus von Pressentin	021 887 2783	082 689 8102	klausvp51@gmail.com
Facebook	Mina Redelinghuys		083 225 8188	mina.redelinghuys@gmail.com
Membership	Frederik Stapelberg	021 903 3775	084 490 7960	fstapelberg@geoscience.org.za
Website	Delene Pretorius		084 654 3888	dp2@sun.ac.za
Social	Aretha du Rand		082 452 3445	arethadurand@gmail.com

1.3.1. Matters for the attention of the Management Committee

Please inform a committee member of a matter you wish to put on the agenda.

1.4. Membership

Those interested first need to complete 3 hikes with the club to acquaint themselves of the group and whether they feel comfortable with the type of hikes, etc. Thereafter they may apply for membership. To apply for membership please contact the membership committee member or the Club's secretary.

1.5. Fees and payments

1.5.1. Membership fees

Membership fees for the 2020 calendar year is R130-00 per person.

1.5.2. Visitor's fee for none members

Non-members pay R30-00 per person per hiking opportunity.

1.5.3. Contribution towards transport

The contribution towards transport is R1.00 per person per km. Drivers of vehicles during weekend – or five day hikes may consider an adjustment of this fee considering the number of persons and the fuel consumption of the vehicle.

1.5.4. Payments

- Banking details:
Voetslaanklub Stellenbosch, Nedbank savings account number 200 540 2354, branch code 107 110.

- Payment of membership fees and bookings for weekend and permit hikes have to be done directly into the club's savings account. Please send proof of any payment per e-mail to the treasurer (Klaus at klausvp51@gmail.com) with clear indication of your name and for what the payment has been made.
- Cash may be used to pay hike leaders or the treasurer for day hikes.
- Please bring the correct amount for transport and permits on day hikes.
- Members enjoy preference on weekend and longer hikes, but after the closing date for payments this preference falls away and visitors may take up empty places. Places will therefore not be reserved for members who did not pay before or on the closing date.

2. General information regarding (day) hikes

2.1. Logistical arrangements

Issue	Arrangement
Place of departure:	The parking area in front of the Visual Arts building, Victoria Street, Stellenbosch; across the street from the Endler. Alternative arrangements will be mentioned in the programme or communicated by die hike leader.
Meeting time:	Normally 07:00, but please see the programme for every hike's specific details.
Clothes:	Be prepared for all weather conditions. ALWAYS bring warm cloths (fleece or jacket). In winter a water proof jacket will also be needed in case of rain.
Food and drink:	Each hiker is responsible to bring his/her own food and drink for tea time and lunch, as well as drinking water (minimum 2 liter).
First Aid:	Each hiker is responsible to bring his/her own first aid items. The hike leader is not responsible for pills, ointment, plasters, etc. <i>NB: Please especially remember allergy and hay fever medication.</i>
Emergency tel number:	The telephone number of a next of kin (who is not hiking along and who is available to be contacted) has to be provided to the hike leader.
Transport:	Travelling together may be arranged between hikers. For every hike an amount is proposed that passengers should contribute towards transport (see programme). Please note: For weekend and longer hikes, everybody is responsible to arrange their own transport. It is not the responsibility of the hike organizer or hike leader.

Each person needs to notify the hike leader of his/her intention to join a hike preferably on the Thursday but no later than the Friday evening before the hike at 18:00, unless otherwise mentioned in the programme. If the notification is by e-mail, please provide your telephone number.

2.2. Hike grading

Hikes are graded according to the following index to indicate the level of difficulty by using a number-letter combination (e.g. 2A, 3B or 2D):

Difficulty grading		Exposure to heights	
Symbol	Meaning	Symbol	Meaning
1	Easy	A	No exposure to heights
2	Slightly strenuous	B	A little rock climbing, but no more difficult than scaling a short ladder
3	Exhausting exercise	C	Some exposure to heights – not for the faint-hearted
4	Only for the fittest	D	Lots of exposure to heights

2.3. Permit hikes

A permit hike may imply that we have to limit the number of persons in the group. It is therefore essential to consult with the assigned leader of the hike at least a week beforehand to ascertain that there is still a vacancy on the hike.

Important: When someone has booked a place on the hike they are responsible for the payment of the permit fee, unless someone else can be found to fill the place.

3. Code of conduct and regulations for hikers

3.1. General code of conduct

- Please make sure that you comply with the fitness level required. Hikers should take note of the hike grading of hikes they intend to join. Gradings are mentioned for each hike in the hiking programme. Hike leaders who are of the opinion that someone may not be able to finish a hike may turn that person away.
- The leader of the hike must be obeyed at all times. The leader walks at the front with all the members behind him/her.
- With a view to the group's safety, the leader may, at any time, check a person's equipment or evaluate his/her fitness and may exclude a person from the hike if it is judged that the person would handicap the group or compromise the safety of the group.
- In bad weather, for example fog and rain, every hiker should know the whereabouts of the person in front or behind him/her.
- Do not litter.
- Protect and conserve the natural beauty of our mountains by respecting the environment, by staying on the footpaths and not taking shortcuts.
- Take only photos and leave only footprints.
- Obey the rules and regulations and obtain permission from the authorities involved prior to entering areas with limited access.
- When leaving the path for some or other reason, leave your rucksack next to the footpath for others to see.
- Remain in touch with the group – do not stray.
- Always behave considerately towards fellow-hikers.
- Hiking is a privilege, not to be abused.

3.2. Additional regulations for weekend and longer hikes

- All persons going on a weekend or longer hike are responsible for their own travel arrangements. It is not the responsibility of the hike organizer or the hike leader.
- Hike leaders may weigh backpacks before a hike and ask a hiker to make the backpack lighter if necessary. Keep your backpack as light as possible. According to Olivier (2003:24) a backpack should never weigh more than a third of your body weight. The ideal weight is 20% of a woman's body weight and 25% of a man's body weight.
- In the case of a very big group the hike leader may give permission to divide the group in which case a lead hiker and lock hiker for the second group will be identified. During tea and lunch breaks the 2 groups should meet to make sure that everybody is still with the 2 groups.

4. Information on Wild Cards

It is possible to save on the conservation fees of many hikes if a hiker has a Wildcard. The Wild Card programme is a collective initiative of Cape Nature, SANParks, Msinsi Resorts, EKZN Wildlife and Big Game Parks of Swaziland.



- For more information or to apply, visit the website www.sanparks.org/wild/ or www.wildcard.co.za

N.B. It is the responsibility of the club member to make sure her/his Wildcard is valid BEFORE he/she books a hike for which a Wildcard number is needed. If a club member’s card is not valid the hike leader has no other option but to request the full amount from the club member.

5. Emergency numbers and handy contact numbers

<i>Contact number</i>	<i>Institution</i>
021 937 0300	Wildernis Search and Rescue (WSAR)
10177	Metro Ambulance Service
021 483 0190	Cape Nature <i>Contact the manager of a reserve where the hike is taking place for the specific emergency number.</i>
112	National cellular emergency number
0861 555 777	24 hour emergency number vir Poison Centre (snake bites, ens.)

[B] PROGRAMME: First semester 2020

11 January DAY HIKE: Tweede Waterval, Jonkershoek Nature Reserve (Stellenbosch)	
Grading: 2A	Hiking distance: ± 12 km
Travelling distance: None	Fuel/Transport contribution: None
Meeting time: 08:00 at the gate	Hike costs: R50 or valid Wild Card
Book: Before 18:00 on the previous evening with the hike leader; provide Wild Card number	
Hike leader: Mientie Holtzhausen 021 887 1651 or 083 280 1651, holtzhau@sun.ac.za	
<i>We park at Witbrug and hike via the beautiful Eerste River valley and back. Bring a hat and sunscreen.</i>	

18 January DAY HIKE: De Kelders to Grotto (Hermanus)	
Grading: 2A	Hiking distance: 18 km
Travelling distance: 132 km x 2	Transport contribution: R264
Hike costs: R50 or Wild Card	Book: before 18:00 on the previous evening with the hike leader
Hike leader: Hans Knoetze 028 316 3906 or 082 554 1254, hk1@remgro.com	
Meeting time: 06:45 at usual departure place in Victoria Street in Stellenbosch and depart 07:00 , or roughly at 08:00 at the first parking area at Grotto	
<i>Depending on the direction of the wind we will start hiking either from the Klein River mouth at Hermanus or from De Kelders. We hike next to the sea. We will pass, amongst other's Galjoenbank, Voorsteklip and Sopiesklip. Bring a hat and sunscreen.</i>	

25 January DAY HIKE: Myburghs Ravine, Table Mountain (Cape Town)	
Grading: 3C	Hiking distance: ± 12 km
Travelling distance: 65 km x 2	Fuel contribution: R130
Hike costs: None	Book: before 18:00 on the previous evening with the hike leader
Hike leader: Louise van der Merwe 021 880 1875 or 082 492 4293 (after hours)	
Meeting time: 06:45 at usual departure place in Victoria Street in Stellenbosch and depart 07:00	
<i>From the Suikerbossie restaurant we hike to the Myburgh-kloof and up to Judas Peak. From here we descend in the Llundudno kloof and over Hout Bay corner back to the cars. Please make sure that you carry enough drinking water!</i>	

SUNDAY 2 Feb DAY HIKE: Steenbras River and Crystal Pools (Gordons Bay/Rooi-Els)	
Grading: 2B	Hiking distance: 10 km
Travelling distance: 30 km x2	Transport contribution: R60
Hike costs: R70	Book: by 17 January, payment into club's account by 20 January
Number of persons:	This is a permit hike for 10 persons
Hike leader: Linda du Toit 072 107 0213 sms or WhatsApp, lindadt@mweb.co.za	
Meeting time: 07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15	
<i>Hikers will be informed of the baboon status. If it is red it is best not to carry any food with. We hike from the Steenbras mouth in a lovely kloof with high cliffs on the sides up to the first pool. After cooling down in the pool we hike further to the second pool. Here we relax and hopefully enjoy lunch. The adventurers amongst us may even take on the bundu and hike further until they reach the top of the kloof. Remember costumes.</i>	

8 February DAY HIKE: Disa-stap, Table Mountain (Cape Town)			
Grading:	3B	Hiking distance:	± 12 km
Travelling distance:	55 km x 2	Transport contribution:	R110
Hike costs:	None	Book:	before 18:00 on the previous evening with the hike leader
Hike leader:	Alet Louw	021 461 1649 or 073 689 5752, alettamail@gmail.com	
Meeting time:	06:45 at usual departure place in Victoria Street in Stellenbosch and depart 07:00		
<i>We start at 08h00 at Constantia Neck. We pass the 5 dams on Table Mountain and follow the kloof up to the aquaduct where there should be plenty disas. From here we follow the Smuts hiking trail via Skeleton Gorge to Kirstenbosch. Transport will be arranged to take drivers back to Constantia Neck.</i>			

15-16 February WEEKEND HIKE: BTK mountain hut area (Hermanus)			
Grading:	1B/2C/3C	Hiking distance:	1B – 5 km 2C – 5,5 km 3C/4C – 6,5 of 7,5 km
Travelling distance:	120 km x 2	Transport contribution:	R240
Hike costs:	None	No of places:	24 maksimum
Book:	By Thursday 6 February with hike leader. Drivers need to provide vehicle registration numbers.		
Hike leader:	Frederik Stapelberg	084 490 7960 (after hours), fstapelberg@geoscience.org.za	
Overnighting cost:	± R60 p/p for max 24 persons in the BTK hut. Please send proof of payment to the treasurer (klausvp51@gmail.com) with a “cc” to the hike leader.		
Meeting time:	7:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15		
<i>This will be a day spend leisurely in the beautiful kloof north of the BTK mountain hut 10km outside Hermanus on the road to Gans Bay.</i>			
<i>We park our vehicles at the parking area near the tar road and hike with full back packs to the hut – a relative easy hike of more or less 30 mins to the hut where we will overnight. We leave meat, wood, food and drinks for the evening braai at the hut and continue with back packs, snacks and drinks up into the kloof. The hike from the hut to the pool and waterfall takes more or less another 15 min. Remember to bring bathing costumes! Up to here is the 1B hike.</i>			
<i>From this lowest pool those feeling a bit more daring continue by using the 3 permanent ropes to the smaller pool higher up. This is the 2C hike.</i>			
<i>It is possible to explore the kloof higher up. It is steep and no ropes/ladders are provided. It is also an option to climb a peak north of the kloof (943 m) or to climb up on the eastern side of the kloof to a peak 639 m high. This will be decided on the day depending on the hikers that are interested. This will be the 3C hike. The time needed for these hikes will be more or less as follows (excluding swimming time):</i>			
<i>1B stap – 0,5 hour</i>			
<i>2C stap – 1,5 hours</i>			
<i>3C stap – 5 hours(or more if the longer route is chosen)</i>			
<i>For hikers doing the 1B and 2C routes and returning to the hut there is an option of an additional 1B route to and a swim in a bigger pool lower in the kloof.</i>			
<i>We overnight in the hut. Matrasses are provided but we need to take sleeping bags. There is warm water and lights (provided by solar panels) and a toilet. Also provided are cutlery, pots and pans and running water as well as a gas stove (2 burners).</i>			
<i>We plan to leave after breakfast at about 10:00. Remember we need to carry all our rubbish back with us to the vehicles.</i>			
<i>An optional extra is to have lunch at De Vette Mossel outside Hermanus. (12:00-15:00; R320 / person – eat as much as you can). Members interested in the Sunday lunch must please let Frederik know as soon as possible. He needs to confirm the booking.</i>			
<i>Members who just want to join the hike on Saturday and not overnight are welcome but still need to pay the overnight fee.</i>			

22 February DAY HIKE: Rock Hopper, Bainskloof (Wellington)	
Grading: 3B	Hiking distance: ± 7 km
Travelling distance: 65 km x 2	Transport contribution: R130
Hike costs: R40 of Wild Card	No of places: Permit hike for 12 persons
Book: by 9 February with hike leader; please provide Wild Card number	
Hike leader: Linda du Toit	072 107 0213 sms or WhatsApp, lindadt@mweb.co.za
Meeting time: 07:00	at usual departure place in Victoria Street in Stellenbosch and depart 07:15
<i>This there and back route starts at Corner Lodge at Eerste Tol in Bains Kloof. The route runs through and next to the Witte River. It varies between hiking, boulder hopping and swimming through the pools when the river is very full. Yellowwood trees grow between the plants on the banks of the river. We will have lunch at a big pool and turn back along the same route. Although a short distance the route takes more or less 6 hours to complete. Bringing a costume is a good idea!</i>	

29 February General Annual Meeting

7 March DAY HIKE: Palmiet River, Kogelberg Nature Reserve (Kleinmond)	
Grading: 2B	Hiking distance: 10 km
Travelling distance: 65 km x 2	Transport contribution: R130
Hike costs: R50 of Wild Card	Book: before 18:00 on the previous evening with the hike leader
Hike leader: Cynthia Slattery	021 882 9442 or 072 246 1902, slathome@sun.ac.za
Meeting time: 07:00	at usual departure place in Victoria Street in Stellenbosch and depart 07:15
<i>We hike from the parking area at the Oudebosch office along the Palmiet River up to where the Louws River and the Dwars River joins. We turn here and go back the same route enjoying the clear blue pools. Please remember your costumes.</i>	

14 March DAY HIKE: Behind Berg River dam (Franschhoek)	
Grading: 2B	Hiking distance: ±10-12 km
Travelling distance: 28 km x 2	Transport contribution: R56
Hike costs: None	Book: before 18:00 on the previous evening with the hike leader
Hike leader: Willie Huggett	021 876 2490 or 083 453 9191, huggett@netactive.co.za
Meeting time: 07:00	at usual departure place in Victoria Street in Stellenbosch and depart 07:15
<i>This route provides beautiful views of the dam and the Wemmershoek Mountains.</i>	

21 March WEEKENDSTAP: Koningskop (Citrusdal)	
Hike leader: Linda du Toit	072 107 0213 sms or WhatsApp, lindadt@mweb.co.za
<i>More information will be provided later.</i>	

28 March DAY HIKE: Boschendal (Franschhoek)	
Grading: 1A	Hiking distance: 5 km / 10 km / 12.5 km
Travelling distance: 14 km x 2	Transport contribution: R28
Hike costs: R25	Book: by 18:00 on Thu 26 March with Annalene
Bookings: Annalene Sadie	083 388 8266, annasadie101@gmail.com

28 March DAY HIKE: Boschendal (Franschhoek)	
Hike leader:	Kosie Smit 073 537 8809, jhs@sun.ac.za
Meeting time:	07:30 at usual departure place in Victoria Street in Stellenbosch and depart 07:45
	<ul style="list-style-type: none"> • 5 km (green RC route): start at the Trail Centre, 021 001 9401) and include the veggie garden, orchids, camps with farm animals, river and forest and end at the Trail Centre. • 10 km (red RC route): The same as the green route but turn of over the river through eucalyptus forest and fynbos, passing the Normandie and York dams. • 12,5 km (black 2,5 km extension): This trail takes you further up a hill through fynbos. <p>After the hike those interested could enjoy something to eat and drink together at the Deli – the burger is strongly recommended. <i>Pre-reservations at the Deli are necessary – let Annalene know by Thursday if you are joining in and how far you want to hike.</i></p>

4 April DAY HIKE: Rooiheuvel North (Bot River)			
Grading:	2B	Hiking distance:	±13 km
Travelling distance:	75 km x 2	Transport contribution:	R150
Hike costs:	R15 entrance fee	Book:	before 18:00 on the previous evening with the hike leader
Hike leader:	Pieter Jv Rensburg		083 445 2773 (after hours), pjjvr@sun.ac.za
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15		
<p><i>This awesome hike is on a farm near Bot River behind Houwhoek on the road to Villiersdorp. It provides views of the Overberg grain fields and beautiful fynbos along the way. We start with a steep climb to Signal Hill (600m), and then with a zig-zag contour path to the Watchtower Peak at a height of 850m, providing a lovely almost 360° view – the perfect place for lunch. The way back take us back to Signal Hill and from there downwards on the other side of the peak than the way up.</i></p>			

10-13 April WEEKEND HIKE: Zoo Ridge (southern Cederberg)			
Grading:	2B	Hiking distance:	Wisselend
Travelling distance:	200 km x 2	Transport contribution:	R400 (afhangend van saamryeëlings)
Cost:	±R500 p/p for the weekend (final amount determined by number of persons)		
No of places:	10 persons (on the condition that we have 2 4x4's to drive to the starting point)		
Bookings:	Mina Redelinghuys		083 225 8188 (after hours), mina.redelinghuys@gmail.com Bookings open on 3 February and payments have to be made by 6 March.
<p><i>We depart from Stellenbosch on Friday. We stay in a house on a farm called Zonderwater. A fully equipped kitchen, beds with bedding, warm showers & towels are provided. Bring bathing costumes to swim in the swimming pool and bring wood and grids if you want to braai in the lapa. Saturday early we will drive to the starting point on the hike where we will admire the rock formations and Bushman art. The hike takes us to the Riet river canyon viewpoint. This canyon is the 2nd biggest in South Africa. Sunday morning we will hike another route to the bow and other spectacular rock formations and more Bushman art. This route is not well known. Only the group staying in the Zonderwater house may hike on the farm. No day visitors are allowed.</i></p>			

18 April DAY HIKE: Grabouw Country Club (Grabouw)			
Grading:	2A/2B	Hiking distance:	±16 km
Travelling distance:	60 km x 2	Transport contribution:	R120
Hike costs:	R20 toegangsgeld	Book:	before 18:00 on the previous evening with the hike leader
Hike leader:	Fay Pistorius		021 854 5959, 083 225 8188 (after hours), faypistorius@gmail.com
Meeting time:	07:15 at usual departure place in Victoria Street in Stellenbosch and depart 07:30		

18 April	DAY HIKE: Grabouw Country Club (Grabouw)
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We park our vehicles at the entrance at the Elgin/Grabouw Country Club and hike to the Wesselsgat River. We hike along the southern bank and cross the river before we do a short climb into the Keeroms River Valley. We hike in this valley and pass the Giants Washbasin Waterval where the brave may swim, after which we return with the lower contour route with beautiful views of the Eikenhof dam. On our way back to the vehicles we pass the Country Club – bring money for a coffee, tea or milk shake and enjoy the atmosphere of this restaurant.

23-30 April	LONG HIKE: Strandloper (Oos-Kaap)
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Book: **Bookings for this hike are closed. Late commers may still be accommodated but have to contact the trail manager directly. The clubs booking number is 2582; contact Frederik for more details.**

Hike costs: R900

Hike leader: Frederik Stapelberg 0844907960, 021 903 5776 (h), fstapelberg@geoscience.org.za

We depart Thu 23 April from Stellenbosch to our overnight accommodation (Rocky Road Backpackers) at The Craggs. We depart Fri 24 April from The Craggs to the beginning of the trail at Kei Mouth where we overnight at the Keimond Enviro Centre base camp.

From Saturday to Tuesday (25-28 April) we hike the route – a four day full back pack route with distances varying from 9 en 22 km and a few river crossings to make it interesting. Hut accommodation are provided and food may be bought on the route along the way.

Tuesday afternoon a shuttle take us back to Kei Mouth where we again overnight in the Enviro Centre base camp.

Wednesday morning we return to Stellenbosch sleeping again at the Rocky Road Backpackers, The Craggs. Thursday 30 April we arrive back in Stellenbosch.

9 May	DAY HIKE: Small Drakenstein Peak (Paarl)
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Grading:	3B	Hiking distance:	12 km
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Travelling distance:	38 km x 2	Transport contribution:	R76
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Hike costs:	None	Book:	before 18:00 on the previous evening with the hike leader
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Hike leader:	Mina Redelinghuys	083 225 8188 (after hours), mina.redelinghuys@gmail.com
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Meeting time:	07:15 at usual departure place in Victoria Street in Stellenbosch and depart 07:30, or 07:50 on the farm Olive Glen in Paarl
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We park our vehicles on the farm Olive Glen. From here we climb with the foot path up to the plateau. Here we have a beautiful view of the Wemmershoekdam. We hike pass Leopard's Rock next to a river/swamp until we reach the path going right to the peak. This path is steep and a fair amount of fitness is needed to negotiate it. On top of Small Drakenstein Peak we have beautiful views of Paarl Mountain, Kasteelberg, the Franschhoek Mountains and Table Mountain further away. We also see lovely proteas and fynbos.

16 May	DAY HIKE: Assegaibosch Nature Reserve (Stellenbosch)
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Grading:	2B/2C	Hiking distance:	unsure, but ± 5 hours
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Travelling distance:	10 km x 2	Transport contribution:	R20
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Hike costs:	R50 or Wild Card	Book:	before 18:00 on the previous evening with the hike leader
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Hike leader:	Cynthia Slattery	021 882 9442 or 072 246 1902, slathome@sun.ac.za
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Meeting time:	08:00 at the entrance of Assegaibosch Nature Reserve and depart 08:15
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This hike is a combination of 2 routes. The fynbos here is beautiful. We start at the picknick area where we park. This is close to the entrance gate. We follow a path leading up the mountain for a while to a rock formation. We stop to enjoy the awesome view of the valley. After a tea break we head down to the nature garden area where we hike a circle route with some ups and downs, some stony sections and we cross a few rippling streams. We return to the picknick area.

23 May DAY HIKE: Skeleton Gorge to Maclear's Beacon and down with the cable car (Table Mountain)			
Grading:	3B	Hiking distance:	8 km, climbing to a height of 1085 m
Travelling distance:	55 km x 2	Transport contribution:	R110
Hike costs:	R75 for Kirstenbosch, and R200 for the cable car (or R50 for senior citizens with SA ID 60yr+)		
Book:	by Thursday 21 May please so that transport arrangements between the cable car and Kirstenbosch could be made		
Hike leader:	Delene Pretorius	084 654 3888 (after hours), dp2@sun.ac.za	
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15		
<i>We hike through Kirstenbosch Gardens to Skeleton Gorge, a popular route to the back table. This route provides shade in the ravine. The route follows the Smuts road to the contour path and then steep up into the left side of the ravine. There are ladders to assist hikers at rocky areas. At the top we turn right to Maclear's Beacon (the highest point of Table Mountain, 1,085 m). From here we follow the route to the cable car station and the restaurant. We take the cable car down.</i>			

30 May DAY HIKE: Myrtle Grove Estate, Sir Lowry's Pass (Somerset-Wes)			
Grading:	1A	Hiking distance:	10 km
Travelling distance:	30 km x 2	Transport contribution:	R60
Hike costs:	None	Book:	before 18:00 on the previous evening with the hike leader
Hike leader:	Marita Gey van Pittius	082 879 9172 (after hours), maritagvp@mighty.co.za	
Meeting time:	07:30 at usual departure place in Victoria Street in Stellenbosch and depart 07:45		
<i>We park our vehicles at Ongegund Lodge on Myrtle Grove Estate and hike past the farm dams through the vineyards. We hike to the neighbouring farm, False Bay Vineyards, pass their beautiful wine cellar up to a koppie with a beacon. From there we enjoy the view of the Helderberg area up to Cape Point. We follow the route back along the Vergelegen Estate border and keep on enjoying the view of the mountains and neighbouring farms back to Ongegund Lodge.</i>			

6 June DAY HIKE: Victoriapiek, Jonkershoek Nature Reserve (Stellenbosch)			
Grading:	3B	Hiking distance:	± 23 km
Travelling distance:	15 km x 2	Transport contribution:	R30
Hike costs:	R50 or Wild Card	Book:	before 18:00 on the previous evening with the hike leader
Hike leader:	Louise van der Merwe	021 880 1875 or 082 492 4293 (after hours)	
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15		
<i>We hike from Witbrug via Panorama. Victoriapiek (1595m) is one of the highest peaks in the Jonkershoek area. We go down via Kurktrekker and pass the two waterfalls to our vehicles. Perhaps we are lucky and find some snow?</i>			

13-16 June LONG HIKE: Phillipskop (Stanford)			
Hike leader:	Linda du Toit	072 107 0213 sms of WhatsApp, lindadt@mweb.co.za	
<i>More information will be provided as soon as possible.</i>			

20 June DAY HIKE: Paardekop (Franschhoek)			
Grading:	2B	Hiking distance:	15 km
Travelling distance:	45 km x 2	Transport contribution:	R90
Hike costs:	R50	Book:	By Thu 18 June with hike leader

20 June DAY HIKE: Paardekop (Franschhoek)	
Number of persons:	This is a permit hike for an unlimited number of persons.
Hike leader:	Chris Denner 082 578 4176, chris.denner@gmail.com
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15
<p><i>We park on top of Franschhoek Pass and hike through beautiful fynbos up to the view point. At our feet lies the whole Wemmershoek dam. From here we hike up with Adolfskop on the one side and Wemmershoek Peak on the other until we reach the 1 575m high Paardekop. From here we witness the beautiful Boland mountains in front of us with the Stettynskloof dam and Goudini Sneekop, the Brandvlei mountains, Theewaterkloof dam and the Groenland mountains on the other side, with the familiar Simonsberg and Table Mountain further away. We have our lunch here before we return to our vehicles.</i></p>	

27 June DAY HIKE: Italian Cross, Miaspoort, Du Toitskloof (Paarl)			
Grading:	3B	Hiking distance:	± 10 km
Travelling distance:	40 km x 2	Transport contribution:	R80
Hike costs:	R50	Book:	by Fri 19 June with the hike leader
Number of persons:	This is a permit hike for 12 persons.		
Hike leader:	Willie Huggett 021 876 2490 of 083 453 9191, huggett@netactive.co.za		
Meeting time:	07:00 at usual departure place in Victoria Street in Stellenbosch and depart 07:15		
<p><i>We hike from the old Du Toitskloof Pass up the mountain to the top of Miaspoort. From here we enjoy the view of the beautiful Paarl Valley. On the other side lies the breathtaking Du Toitskloof Pass that is winding through the mountains. We continue through beautiful fynbos and climb steadily up to Hugenoetkop where we reach the cross standing at 1 318m. This stainless steel cross was erected in 1983 by the Paarl community. The first wooden cross was erected in 1945 by four Italians in memory of the Italian prisoners of war who helped building the DuToitskloof Pass.</i></p>			